

How to claim your primary account

Here's how primary members can claim their First Stop Health account. MotivHealth provides First Stop Health to subscribers and their eligible family members.

Steps to Claim Your Account

1. Download our free mobile app or visit app.firststophealth.com
2. Click "Claim my account"
3. Provide a few details, including your MotivHealth ID
4. Create a new password

You can also look for your welcome email from info@firststophealth.com. You'll be sent a link to claim your account.

Prevent emails from spam.

To make sure our emails aren't going into your spam folder, add us to your safe sender list. First Stop Health emails come from info@firststophealth.com.

Need support? We're here!

Contact us for questions and account support:

- Web: app.firststophealth.com/contact-us/
- Phone: 888-691-7867

